

# HIV TREATMENT WORKS

“HIV, you didn’t take my voice.  
You gave me my voice.”

Sharon – Bangor, ME  
Living with HIV since 2003.

As a member of the Penobscot Nation, I put a face on HIV and give it a voice in my community. I started taking HIV meds 2 weeks after I was diagnosed. Since then, my doctor and I have become a great team. It’s made all the difference. My viral load is undetectable and I feel good. Now, as an HIV educator and public speaker, I encourage others to get in care and on treatment as soon as possible. I’m living proof that it works.



**Get in care. Stay in care. Live well.**  
[cdc.gov/HIVTreatmentWorks](https://cdc.gov/HIVTreatmentWorks)